It is more enjoyable to have a job where you work only three days a week for long hours than to have a job work five days a week for shorter hours. Agree or disagree?

It is absolutely undeniable that jobs play a paramount role in people's life and working hours are an inseparable part of them. Some people prefer to work shorter hours more days in a week and others would rather to work despite the abovementioned condition, so a question arises as tothat which of these circumstances can be more beneficial for individuals. Personally, I opine opt to choose the latter situation for some main reasons which I will explain at length in the subsequent paragraphs.

Firstly, although people who work three days of <a href="the-week">the-week</a> for longer hours would be under more pressure, they would be motivated by thinking about those <a href="remaining">remaining</a> free days, so they <a href="are-encouraged">are-encouraged</a> to tolerate this situation. Besides, these employees can spend more quality time with their families and friends. According to the some conducted research people who invest more time <a href="into-in-beloved">into-in-beloved</a> ones not only have more stimulants/<a href="motivation">motivation</a> for working productively but also they have less mental disorders. The best example is, people who work in compressed hours can have efficient short holidays to <a href="motivation">get rid of wash down</a> all <a href="motivation">the-burnout</a> and boredom. Therefore, it goes without saying that perusing three work days in a week for long hours can have positive effect on employees' mental health.

Secondly, individuals who take only three days a week for working can find another part-time job which is conducive to earning more money, so their they can boost their welfare which makes them happier humans. For instance, newly married people who have a middle income level can afford

their fancy goals and bring more comfort to their lives, thereby going after different occupations can achieve that end. Moreover, these people can spend their off days on increasing their education level. For example, in my country generally people who are in the same job position but have higher education in their resume will be received big paychecks compared to those who do not have. Hence, as is clear employees who work three days a week for longer hours have more chance to obtain money and perusing peruse higher levels of education.

To recap, on the basis of reasons (which were) mentioned above, I totally believe that working for less/fewer days in longer hours can be more effective for people based on being motivated for working efficiently and having a more opportunities to enhance their welfare.